



Join us for **2023 A Year of Wellness!** Preventative care can mean catching illnesses early on and effectively treating them. Keep this pet health tracker near to take note of some key areas of observation and remember important dates! Here's what to look for:



- **Weight** - we don't want to see drastic weight loss or gain, feel free to track how much food your pet is eating in case diet changes are needed
- **Ears** - color, discharge, smell
- **Eyes** - discharge, discoloration, excess mucus
- **Urination/Defecation** - not enough, too much, solid vs watery, or weird color
- **Teeth** - cracks, missing or broken teeth
- **Activity** - have they become lethargic, how many hours of exercise are they getting, etc

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Pet Health Tracker

PET NAME: AGE: YEAR:

JANUARY

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

FEBRUARY

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

MARCH

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

APRIL

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

MAY

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

JUNE

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

Before the year is gone, be sure to visit your pet's veterinarian for the following key visits:



Yearly vaccines



Heartworm prevention



Wellness check



Flea & Tick prevention

Keep your pet's wellbeing on track! Write the dates of when these key visits/treatments need to be fulfilled in the notes section of the appropriate month.

JULY

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

AUGUST

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

SEPTEMBER

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

OCTOBER

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

NOVEMBER

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

DECEMBER

Date	Area	Description
	Weight	
	Ears	
	Eyes	
	Teeth	
	Urination/Defecation	
	Activity	
Notes		

Year End Notes

Overall Health This Year



Start Weight _____ End Weight _____

Their treatment is working/still unsure/not working because:

My pet exercises about _____ hours every week

This year my pet began getting treatment for: (ex: allergies, incontinence, excess weight)

My pet received these preventatives this year:

- Wellness Check
- Heartworm prevention
- Yearly Vaccines
- Flea & Tick prevention
